



DELAWARE COMMISSION OF VETERANS AFFAIRS

NEWSLETTER

Volume 21, Issue 2

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www.veteransaffairs.delaware.gov

802 Silver Lake Blvd, Suite 100

Dover, DE 19904

(302) 739-2792

(800) 344-9900

Fax (302) 739-2794

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CHAIRMAN'S UPDATE

The General Assembly is again in full session. I encourage you to keep a close eye on all bills introduced or assigned to committees that may have an impact on veterans in Delaware.

The 198th Signal Battalion has returned from Afghanistan and the welcome home will be at Delaware State University on April 13, 2014. Let's continue to show our support to the 324 men and women of the 198th. I am proud of the way our Commission and veterans organizations have shown their support for the Delaware National Guard and personnel assigned to Dover Air Force Base. I presented a Tribute from Governor Jack Markell and Lt. Governor Matt Denn to the American Legion National Commander Daniel Dillinger on March 14, 2014, at the American Legion Post 2 Banquet in his honor.

I hope to see you on May 26, 2014, at our Memorial Day ceremonies at the Delaware Veterans Cemetery at Bear and May 30, 2014, at the Delaware Memorial Bridge.

It is a way to pay our respects to those who gave their all. May God Bless America and keep all service members out of harm's way.

MEMORIAL DAY SERVICES

On Monday, May 26, 2014, 11:00 am, the Commission of Veterans Affairs and Jewish War Veterans will conduct a Memorial Day Service at the Delaware Veterans Memorial Cemetery. The service will be held on the Parade Field of the Cemetery grounds at [2465 Chesapeake City Road, Bear, Delaware.](#) For further information, please call (302) 834-8046.

On Friday, May 30, 2014, 10:30 am, the Commission of Veterans Affairs and Military Order of the World Wars will conduct a Memorial Day Service at the War Memorial Plaza, Delaware Memorial Bridge, New Castle, Delaware. For further information, please call (800) 344-9900 (in state only) or (302) 739-2792.

TAX CHECKOFF TO AID DELAWARE VETERANS

For the first time, individual taxpayers can support the newly-created Delaware Veterans Trust Fund through a tax check-off on their state income tax return. The check-off box is item P on Schedule III of the return. The Veterans Trust Fund was signed into law in September 2013 under the auspices of the Commission of Veterans Affairs. Its mission is to raise funds to provide assistance to honorably discharged veterans residing in Delaware. The Friends of the Delaware Veterans Inc. are a volunteer board that works with the Commission to raise awareness about the fund and to solicit and receive grants, donations, gifts and legacies from foundations, veterans service organizations, corporations and individuals to endow the Trust Fund. "We hope that when filling out their state income tax returns, taxpayers will consider contributing a few dollars to help their fellow Delawareans who are serving and who have served in uniform," said Dave Skocik, president of the Friends of Delaware Veterans, Inc. "What makes this unique, is that unlike other organizations that spend a lot of money on advertising, one hundred percent of the tax deductible contributions will go to help honorably-discharged Delaware veterans and their families," said John

Knotts, executive director of the Commission of Veterans Affairs. For more information call 302-739-2794. *(Dave Skocik, February 2014)*



Photo caption: John Knotts, Executive Director of the Commission of Veterans Affairs, and Paul Lardizzzone,

chairman of the Commission, join Dave Skocik and Paul Davis, who serve as president and VP of the Friends of Delaware Veterans, Inc., in displaying the page of the Delaware individual tax return that for the first time allows residents to designate a small portion of their return to support the Trust Fund.

KENT GOP CONTRIBUTES TO VETERANS TRUST FUND



Hank McCann, Kent County Republican Chairman, left, hands a \$1,000 contribution for the Veterans Trust Fund to Dave Skocik, president of the Friends of Delaware Veterans, Inc. The Friends operate under the auspices of the Commission of Veterans Affairs and raise money for honorably-discharged Delaware veterans in financial emergency. The presentation, from the proceeds of the GOP's recent Lincoln Day Dinner, was presented at a district meeting at Grotto Pizza, Dover, on March 13, 2014. One hundred percent of contributions reach veterans and are tax deductible. *(Dave Skocik, March 14, 2014)*

DELAWARE VETERANS HOME

The Delaware Veterans Home hosts many special occasions and ceremonies honoring veterans. However, February 19, 2014, stood out as it marked the five year residency anniversary of 22 veterans at the Home. The Top Three Air Force Sergeants group from Dover Air



Force Base presented the residents with five year pins and helped serve cake to mark the celebration.

The veterans who have called the Delaware Veterans Home their home for the past five years include: six Air Force veterans, twelve Army veterans, one Marine veteran, two Navy veterans and one proud veteran who served in both the Army and Navy.



NASVH William Peterson, Division Director of the Delaware Veterans Home, was appointed as 2nd Vice President of the National Association of State



Veterans Homes (NASVH). Mr. Peterson's duties include serving on several NASVH committees as well as promoting veteran issues that directly impact

state veterans homes and the long term care provided to our nation's heroes.

NASVH's primary mission is to ensure that each and every eligible U.S. veteran receives the benefits, services, long term health care and respect which they have earned by their service and sacrifice. *(Bill Peterson, DVH Administrator February, 2014)*



KENT COUNTY VIETNAM VETS TEAM WITH KOREAN WAR VETS TO CREATE MEMORIAL

Joe Startt Jr., president of Kent County Chapter 850 of the Vietnam Veterans of America, joined George Goss, president of the Korean War Veterans Association of Delaware, to announce the kickoff of a campaign to bring a Korean War Memorial to Dover. The meeting took place on February 18, 2014, at the monthly meeting of the Commission of Veterans Affairs in Dover.

The agreement to put the Korean memorial at the Kent County Memorial Park in Dover was made last fall between the leadership of both organizations. The Delaware-shaped memorial was proposed by the leadership of the KWVA and quickly approved.

The memorial will cost approximately \$10,000 and about \$2,500 has already been raised, according to Mr. Startt with Chapter 850 handling the funds. In addition to individual contributions, the project will



be financed through the sale of memorial bricks at the site similar to the way the Vietnam Memorial was built in 2009.

"We were gratified when the Korean War veterans accepted our offer of a spot in the Memorial Park to honor those lost in their conflict," said Mr. Startt.

In addition to a Vietnam Memorial, the park includes a Gold Star Mother and Family Memorial, and a site for a memorial to those lost in Middle East Conflicts.

Order forms for the \$75 named bricks for the Korean memorial can be downloaded by clicking on <http://delawarevva.com/pages/memorials/index.php> or by calling Paul Davis at 302-697-8384.

Joe Startt Jr., president of Kent County Chapter 850, Vietnam Veterans of America, poses with Commissioner George Goss, who holds a photo of the planned Korean War Memorial at the Kent County Memorial Park on South Little Creek Rd., in Dover. Mr. Goss is state president of the Korean War Veterans Association. Named bricks will be sold to help finance the project.

(Dave Skocik, February 20, 2014)

BAYHEALTH MARKS BRAIN INJURY AWARENESS MONTH

Bayhealth joined the Brain Injury Association of America in observing Brain Injury Awareness Month in March. Statistics show 2.4 million Americans sustain a brain injury each year. To help raise awareness of brain injuries, Bayhealth neurosurgeon James Mills, MD; his wife and two daughters; Bayhealth Vice President, Ancillary and Clinical Services Brad Kirkes; and Bayhealth Manager of Neurosurgery Denise Redden were among a group of constituents invited to the Tatnall Building in Dover to speak about brain injury awareness with Delaware Governor Jack Markell. Gov. Markell also signed a proclamation declaring March to be Brain Injury Awareness Month in Delaware. Dr. Mills also serves as president of the Brain Injury Association of Delaware, which held its 24th annual conference at Dover Downs on March 13, 2014. The conference focused on prevention, education, advocacy, support and featured Bayhealth as a sponsor of the event. Aligned with national initiatives to reduce the inherent danger of contact/collision sports in high school athletes, Bayhealth also provides a concussion clinic and Immediate Post-Concussion and Cognitive Testing (ImPACT) to area high schools. Dr. Mills' daughter, a student at Caesar Rodney High School, also spoke with Gov. Markell about the 5k race she organized which raised over \$8,000 to go toward refurbishing helmets for high school baseball players. Back row, from left, are Linda Dene, BIAD treasurer; Angie Mills; Channah Mills; Tracey Landmann, BIAD board member; Dr. Mills; Gov. Markell; Rebekah Mills; Andrew Burdan, BIAD board member; John Knotts, executive director, DE Commission of



Veterans Affairs; Mr. Kirkes; and Ms. Redden. Seated, from left, are Albert Weir, commissioner, DE Commission of Veterans Affairs; Dr. Ron Sarg, Vice Chairman, DE Commission of Vets Affairs; and Bill Farley, commissioner, DE Commission of Vets Affairs. *(Delaware State News, April 2, 2014)*



One Warrior recently spoke of his experience with Project Healing Waters Fly Fishing (PHWFF), “Being outdoors with nature and with patience and understanding of my healthcare team, commander, and PHWFF Volunteers somehow eased my physical pain and brought peace to my mental being. For the first time, my days were not dark; somehow there was a light at the ‘End of the Tunnel.’” [SFC, USA]

PHWFF is dedicated to the emotional and physical rehabilitation of disabled veterans and Warriors through fly fishing. PHWFF gives thousands of disabled active military and Veterans meaningful activities to aid their healing. There are over 2,000 fly fishing enthusiasts nationwide who are involved in ongoing projects at 127 Department of Veteran Affairs (VA) facilities and 26 Department of Defense facilities and Warrior Transition Units. There are 157 programs that are active in 48 States. This has enabled more than 5400 recovering Warriors and disabled Veterans to participate in PHWFF program activities.

PHWFF participants have ongoing health care issues that are not easily resolved and may last a lifetime. Many have obvious physical injuries like amputations, disfigurement, burns, or paralysis, while

others have invisible injuries, Traumatic Brain Injuries (TBI) or Post Traumatic Stress Disorder (PTSD). Helping Veterans is not a onetime event. Our Volunteers strive to become their ongoing mentors, friends and companions. "Serving those who served," is our motto. Our nationwide programs fill special needs at different points in the healing process, for example, the returning wounded Warrior just adjusting to inpatient care and facing many unknowns, or the older Veteran who is still struggling with their disability. Both can benefit from fly fishing, a unique form of therapy that involves the great outdoors that helps chase the demons away and fills a void in their lives.

PHWFF is a non-profit volunteer organization headquartered in LaPlata, Maryland. It has a fulltime head office staff of 5 full time employees. It is run by a Board of Trustees (BoT) with 14 Regional Coordinators and 138 Program Leaders. Its first program was started at Walter Reed Army Medical Center in Washington, D.C. in 2005. The official name was established in the fall of 2006, and the organization was incorporated in the State of Maryland in 2007.

The Delaware Program began in June 2013 with fly tying meetings at the Wilmington VAMC twice a month. A program started last fall at the Delaware Veterans Home in Milford, DE. Fly tying requires focus and fine motor skills. We teach fly casting improving eye hand coordination and the use of large muscle motion that also benefits the healing process. We believe these adaptive activities take our participants to higher level on their path to healing. All this is to prepare our Veterans and Warriors for outdoor events that involve fishing with the flies they made. Once they start catching fish on the flies they tied it puts it all together for them. We hope then they become hooked on fly fishing.

PHWFF relies on the generosity of both private and corporate donors. PHWFF also solicits foundation grants but does not receive government funding. After a thorough vetting process, PHWFF is part of the Combined Federal Campaign (CFC #82526). For more information see our website, projecthealingwaters.org. (George W. Pearson, March 28, 2014)

VA REMOVES ANNUAL INCOME REPORTING REQUIREMENT Eliminates Burden on Veterans, Improves Customer Service

The Department of Veterans Affairs (VA) is eliminating the annual requirement for most Veterans enrolled in VA's health care system to report income information beginning in March 2014. Instead, VA will automatically match income information obtained from the Internal Revenue Service and Social Security Administration.

"Eliminating the requirement for annual income reporting makes our health care benefits easier for Veterans to obtain," said Secretary of Veterans Affairs Eric K. Shinseki. "This change will reduce the burden on Veterans, improve customer service and make it much easier for Veterans to keep their health care eligibility up-to-date."

Some Veterans applying for enrollment for the first time are still required to submit income information. There is no change in VA's long-standing policy to provide no-cost care to indigent Veterans, Veterans with catastrophic medical conditions, Veterans with a disability rating of 50 percent or higher, or for conditions that are officially rated as "service-connected."

VA encourages Veterans to continue to use the health benefits renewal form to report changes in their personal information, such as address, phone numbers, dependents, next of kin, income and health insurance.

For more information, visit www.va.gov/healthbenefits/cost or call VA toll-free at 1-877-222-VETS (8387). (VA News Release, March 24, 2014)

VETERANS TBI SUPPORT GROUP



The Veterans TBI Support Group meets at the American Legion Post #8, 673 North Bedford St., Georgetown, DE 19947. If you have questions or would like additional information about the Veterans

TBI Support Group, please contact Robert Corsa at (302) 933-0119 or kco326@aol.com.

HUNTING, TRAPPING AND FISHING LICENSES UPDATE

Previously, the Delaware Commission of Veterans Affairs had issued disabled veterans a basic Hunting, Trapping and Fishing Licenses in compliance with Title 7, Chapter 5, Section 502 of Delaware Code. Newly imposed regulations require that the license be issued by the Department of Natural Resources (DNREC). Delaware veterans with a sixty percent disability or greater are eligible for the fee exempt license. There are several methods available for making your application. DNREC does require a letter of disability rating from the VA and proof of residency. For additional information contact the Division of Fish & Wildlife at (302) 739-9918, or www.dnrec.delaware.gov.

VETERANS UNITED OUTREACH OF DELAWARE



The Veterans United Outreach of Delaware was started in May 2001, under Kent County Chapter 850, Vietnam Veterans of America. The VVA motto is “Never again will one generation of veterans abandon another.” This motto has been taken to heart by those who started the Outreach program. The purpose of this program is to reach out to all military/veteran brothers and sisters on educational, physical, mental, emotional and spiritual levels, so as to guide them to freedom and comfort in their own lives. They work with all who are willing to help accomplish their goals.

The Outreach networks with federal, state and local agencies and coordinates with all organizations in Delaware. Through it all, they are constantly changing and growing.

They are a veterans committee with a foundation in God, Country, and Freedom, to which they credit the

sacrifices of our active duty military, our veterans, and their families. (Mike Snyder, 302-678-1285)

IRAQ AND AFGHANISTAN VETS SEEK REPRESENTATION IN DELAWARE

An organization called IAVA (Iraq Afghanistan Vets of America) has a national presence and is lobbying for items like the numbers behind the VA disability benefits backlog -- over 565,000 vets waiting too long to get their claims resolved. But it’s not enough to talk about the numbers. Whether a vet is a part of those official backlog numbers or stuck in the appeals process, the wait for benefits can be a heavy burden. Many of our fellow veterans are struggling through the emotional and financial stresses of not receiving the benefits they earned. Survey data that has been collected and fellow comrades who have served wanted to use technology to not only give them a voice, but to also raise awareness around an important issue. There is now a data visualization tool that shines new light on the backlog through the power of our stories. It’s called The Wait We Carry, www.thewaitwecarry.org. Delaware Commissioner, John Hampton, who is an “At Large” representative along with fellow Commissioner, Angela Showell, are in the works of connecting with this organization in an attempt to establish a Delaware Chapter of Iraq and Afghanistan Veterans that will educate, empower and connect the right people to the right information. (John Hampton, Commissioner “At Large”, Delaware Commission of Veterans Affairs)

VETERAN SERVICE OFFICERS

Delaware Commission of Veterans Affairs

(New Castle County)



Mr. John Williams - Veterans Memorial Cemetery in Bear, DE may be reached Monday-Friday, (8:00 AM-4:00 PM) at (302) 365-8231. Please call for an appointment.

(Kent County)

Mr. Charles Murrell - Dover may be reached Monday-Friday (8:30 AM-4:30 PM) at (302) 739-2792 or (800) 344-9900 (in State). Please call for an appointment.

(Sussex County)

Ms. Laurie Corsa may be reached:
Mondays & Fridays - Georgetown Vet Center
(8:00 AM-4:30 PM) at (302) 994-2511 Ext 2361

Tuesdays, Wednesdays & Thursdays - Veterans Memorial Cemetery in Millsboro, DE
(8:30 AM-4:00 PM) at (302) 648-3068. Please call for an appointment.

American Legion

Joseph T. Houghton, Dept. Service Officer, (302) 993-7256, will visit the following posts on the following dates:



MAY 02	Oak Orchard/Riverdale, Post #28 (11:00-2:00)	302-945-1673
MAY 09	Walter L Fox, Post #2 (11:00-2:00)	302-674-3922
JUN 06	Oak Orchard/Riverdale, Post #28 (11:00-2:00)	302-945-1673
JUN 13	Walter L Fox, Post #2 (11:00-2:00)	302-674-3922
JUN 20	William T. Spooner Post #17 (11:00-2:00)	302-645-1751

Disabled American Veterans (DAV)

DAV Dept. Service Officers: 302-697-9061
Paul Lardizzone: 302-382-3448
H. Mark Wischman: 302-382-3449

**Kent County Schedule:**

DAV Headquarters Building, 183 South Street,
Camden, DE 19934
Monday thru Thursday 8:00-12:00 PM (Walk-ins)
1:00-3:00 PM (Appt only)

Sussex County Schedule:

Department of Labor (Div of Employment & Trng)
20093 Office Circle, Georgetown, DE 19947
Thursday 8:00-12:00 PM (Walk-ins) 302-856-5230
Kent & Sussex evening appointments prescheduled
by request only.

Paralyzed Veterans of America (DE/MD PVA)

Darrell Johnson, Sr., National Service Officer, VA Regional Office, 1601 Kirkwood Hwy, Room 26, Wilmington, DE 19805, (302) 993-7252 or (302) 993-7253. Mr. Johnson will make home visits upon request for Vets who do not have transportation to the VA. He will be in the Oak Orchard area the 1st Tuesday, Dover the 2nd Tuesday, and Frederica the 3rd Tuesday of each month.

Purple Heart NSO (MOPH)

Cheryl Yard, National Service Officer, VA Regional Office, 1601 Kirkwood Hwy, Wilmington, DE 19805, (302) 993-7263 M-F 8:30 to 4:00. Walk-ins welcome.

**Veterans of Foreign Wars (VFW)**

David Hilliard, VA Regional Office, 1601 Kirkwood Hwy, Room 21, Wilmington, DE 19805, (302) 993-7260.

1ST Thursday		
Delaware DOL	(993-7260)	8:00-11:00 AM
Milford VFW	(422-4412)	1:30-4:00 PM
2nd Thursday		
Delaware DOL	(993-7260)	8:00-11:00 AM
Milton VFW	(684-4975)	1:30-4:00 PM
3rd Thursday		
Delaware DOL	(993-7260)	8:00-11:00 AM
Rehoboth VFW	(227-3469)	1:30-4:00 PM
4th Thursday		
Delaware DOL	(993-7260)	8:00-11:00 AM
Seaford VFW	(629-3092)	1:30-4:00 PM
5th Thursday		
Delaware DOL	(993-7260)	8:00-11:00 AM



NOTE: All persons interested in Outreach Services should first call our office so that some advance information may be obtained to accelerate the application process. Kent & Sussex County residents may call 1-302-993-7260. NOTE: persons desiring assistance at the Thursday-downstate locations should be at the Delaware DOL no later than 9:00 AM or at the afternoon locations by 2:00 PM. The VFW provides services to veterans and their dependents without respect to veteran service organization affiliation; membership in the VFW is NOT required for service.

Vietnam Veterans of America (VVA)



Terry Baker, National Service Officer, VA
Regional Office, 1601 Kirkwood Hwy,
Wilmington, DE 19805, (302) 993-7250 or (302)
993-7251.

**DELAWARE VETERANS MEMORIAL
CEMETERY**

New Castle Co. Section (Bear, DE).....302-834-8046
Sussex Co. Section (Millsboro, DE).....302-934-5653

DELAWARE VETERANS HOME

100 Delaware Veterans Blvd.....302-424-6000
Milford, DE 19963

HOME OF THE BRAVE

Main Office - 302-424-1681
Denise Dudley- Intake Coordinator
302-424-0358

EMPLOYMENT SERVICES

Cleopatra Jones (Wilmington).....302-761-8077
Allen Jones (Wilmington).....302-761-8141
Lisa Smith (Newark).....302-451-3457
Toney Fragier (Newark).....302-451-3453
Cliff Rumph (Dover).....302-857-5866
Kevin Gunning (Dover).....302-857-5870
Dawn Smith (Georgetown).....302-858-5233

Division of Vocational Rehabilitation
.....302-761-8275

DEPARTMENT OF VETERANS AFFAIRS

VA Regional Office (Claims & Benefits)
1601 Kirkwood Hwy
Wilmington, DE 19805.....800-827-1000

VA Medical Center (Healthcare)
1601 Kirkwood Hwy
Wilmington, DE 19805.....800-461-8262
.....302-994-2511

Dover VA Outpatient Clinic
1198 S. Governors Ave
Dover, DE 19904.....800-461-8262 x2400

Georgetown VA Outpatient Clinic
20653 DuPont Hwy
Georgetown, DE 19947800-461-8262 x2300

Readjustment Counseling

Vet Center (New Castle Co.).....800-461-8262 x5434
Vet Center (Kent Co.).....800-461-8262 x2430
Vet Center (Sussex Co.).....302-225-9110

The Vet Center provides counseling services for:

- Post Traumatic Stress and Other Disorders
- Military Sexual Trauma
- Marital/Family problems
- Bereavement

Vet Center services are provided at no cost to eligible veterans who served in combat areas and their families or to those who experienced sexual trauma or bereavement challenges without combat area restriction.

Veterans Outreach Program

Mike Rowe - Listening Post-Lower Delaware
302-422-8033x173

RETIREE ACTIVITIES

Retired Activities Office

MSgt (R) Bill Oldham (William.Oldham.2@us.af.mil), Bldg 520, Room 105, Dover AFB, DE 19902, (302) 677-4610.

Retired Navy Activities Affairs Office

Naval & Marine Corps Reserve Center, 3920 Kirkwood Hwy, Wilmington, DE 19808, (302) 998-5194.

VETERANS ORGANIZATIONS POC

Air Force Sergeants Association
Bill McMullen.....(302) 697-9750
American Legion
Richard "Ric" Santos.....(302) 628-5221
AMVETS
Albert Weir.....(302) 629-4141
Colonial Paralyzed Veterans of America
Ron Hoskins.....(302) 861-6671
Delaware Veterans Coalition
Dave Skocik.....(302) 736-8500
E-mail: delawareveteranscoalition@gmail.com

Disabled American Veterans
Paul Lardizzone.....(302) 697-9061
Fleet Reserve Association
James M. Jackson.....(302) 834-1719
40 & 8
Eugene “Chip” Rosan.....(302) 678-8077
Jewish War Veterans
Len Markovitz.....(302) 234-4785
Korean War Veterans Association
George Goss.....(302) 424-0461
Marine Corps League
William C. Farley.....(302) 242-7926
Military Officers Association of America
Tom Kelly (New Castle Co.).....(302) 834-9659
Ron Sarg (Kent Co.).....(302) 678-1603
Fred Seth, Jr. (Sussex Co.).....(302) 519-0611
Military Order of the Purple Heart
Cornelius “Bill” Carroll.....(302) 655-3820
Military Order of the World Wars
Karen Kelly.....(302) 834-9659
E-mail: karenleakelly@verizon.net
The Reserve Officers Association
LTC Richard Chappell (Ret).....(302) 234-1418
E-mail: rwc49ps54ud@comcast.net
Veterans of Foreign Wars
Paul Phillips Jr.....(302) 656-5022
Vietnam Veterans of America
Paul Davis.....(302) 697-8384

Barry Newstadt.....JWV
Earl E. Seppala.....MOWW
Angela F. Showell..... At Large
MyRon W. Smith.....DELVETS
Albert W. Weir.....AMVETS



**DELAWARE COMMISSION OF
VETERANS AFFAIRS**

Paul Lardizzone (Chairman).....DAV
Ronald Sarg (Vice Chairman).....MOAA
Charles T. Armbruster,..... American Legion
Cornelius “Bill” Carroll.....MOPH
Robert P. Corsa.....VVA
William C. Farley.....MCL
George T. Goss.....KWVA
John Hampton.....At Large
William “Bill” McMullen.....AFSA
Mark Newman.....VFW

DELAWARE COMMISSION OF VETERANS AFFAIRS

Certificate of Appreciation Application

Veterans Name: _____
 First Middle Last

Address: _____
 Street City State Zip

Phone: (Home) _____ (Work or Cell) _____

Date Entered Service _____ Date Separated _____ Branch of Service _____

Date of Birth _____ Type of Discharge _____ Highest Rank Achieved _____
(Only required if requesting rank on certificate)

Is Veteran Deceased? Yes or No (please circle one)

ELIGIBILITY REQUIREMENTS: A current resident of the State of Delaware or resident when he or she entered the Armed Forces of the United States and honorably discharged.

Please submit this application with a copy of Certificate of Release or Discharge from Active Duty, (DD-214) to:

**Delaware Commission of Veterans Affairs
Robbins Building
802 Silver Lake Blvd, Suite 100
Dover, DE 19904
Phone: (302) 739-2792 or 1-800-344-9900 (in State only)**

Signature of Veteran/spouse or next of kin _____ Date _____

Print Name and Relationship if not veteran _____

Provide alternate address if different from above _____

NOTE: Please anticipate 2 to 3 weeks in receiving your Certificate

TO BE COMPLETED BY DCVA

_____ Approved _____ Pending _____ Disapproved

Name _____ Date _____

Title _____



TriSportsEvents.com

15th Annual

Freedom

5K Run/Walk



Benefits the Veterans Trust Fund

- When:** Saturday, July 5, 2014, 9 a.m., Rain or Shine. Healthy Kids Run (kids 8 & under) starts at 8:55 a.m.
- Where:** Silver Lake Park, Dover, DE. Turn east onto Washington St. from State Street for beach side parking.
- Course:** 5K run/walk through Silver Lake Park and Dover's Historic District.
- Registration:** \$20 until June 28, \$25 after and on event day. Registration starts 8 a.m. Kiddie K race is FREE!. Make checks payable and mail to Veterans Trust Fund, 2772 Hazletville Rd, Dover, DE 19904. Contact Ray at 302-674-3213 or email: Races4u@TriSportEvents.Com. Register online at TriSportsEvents.Com. This is a TriSports Ultimate Challenge Series Event.
- Silent Hero:** Can't make the race but would still like to support this event? Register as a Silent Hero!
- Awards:** Unique awards for overall male, female and master's winners and top 3 male & female runners in 10 year age groups starting with 14 & under, thru 70 & over. 5K walk awards for top 3 male & female finishers. AWARDS to most patriotic male & female participants. Ribbons to all Kiddie K finishers.
- Amenities:** Quality "Freedom 5K" tee shirts to all participants and volunteers. Post race festivities includes free food and beverage. Results/photos posted at TriSportsEvents.Com
- Benefits:** The Delaware Veterans Trust Fund provides assistance to Delaware's veterans in financial crisis.
- Finish Line:** This is a TriSports Events Production

ENTRY FORM

WAIVER AND RELEASE OF LIABILITY: I know that running/walking a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I assume all risks associated with running/walking this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, extreme cold, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry to participate in the Freedom 5K & Kiddie K Run/Walk, I, for myself and anyone entitled to act on my behalf, waive and release the TriSports Events Management, Delaware Commission of Veterans Affairs, the City of Dover, The State of Delaware and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I hereby give my permission to the event organizers and sponsors to use my name and/or picture in any publication, broadcast, telecast or other account of this event without limitation or obligation of further compensation thereof. By signing this waiver and release I certify that I fully understand its significance.

Age Day of Race _____ Sex: M F T-shirt Size: S M L XL

Print Name: _____ Email: _____

Address: _____
(Street or P.O. Box) City State Zip

Phone: () _____ Circle One: 5K Run 5K Walk

Signature: _____

(Signature of parent or guardian if entrant is under 18)

We discourage unofficial entrants, roller blades, bicycles and the wearing of headphones for the safety of all participants.

Printed from TriSportsEvents.Com website.

DAV

Department of Delaware

and

Knights of Columbus



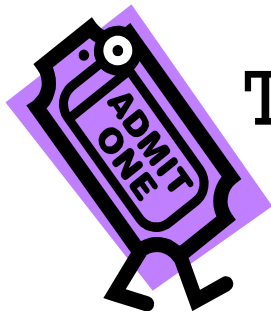
ARE SPONSORING

“A Day at the BLUE ROCKS”

Tuesday

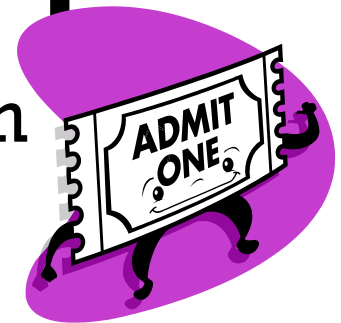
May 20, 2014

Game time 6:35 pm



Tickets - \$10.00 each

Deadline: May 2, 2014



For additional information

Call (302) 697-9061 or (302) 382-3448

Fax (302) 697-9041

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